

【高中必背诗词曲40首】含拼音 及中英双语



高中必背诗词曲40首。

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1.国风·邶风·静女.jpg

guó fēng bèi fēng jìng nǚ

国风·邶风·静女

The National Wind · Bei Wind · Quiet Girl

xiān qín yì míng

(先秦)佚名

(Pre-Qin) Anonymous

jìng nǚ qí shū sī wǒ yú chéng yú

静女其姝，俟我于城隅。

A quiet and beautiful girl, waits for me at the city corner.

ài ér bù jiàn sāo shǒu chí chú

爱而不见，搔首踟蹰。

I love her, but cannot see her; I scratch my head and pace back and forth.

jìng nǚ qí luán yí wǒ tóng guǎn

静女其姝，贻我彤管。

A quiet and lovely girl, gives me a red pipe.

tóng guǎn yǒu wēi yuè yì rǔ měi

彤管有炜，说怿女美。

The red pipe has a bright glow, I am pleased by her beauty.

zì mù kuì tí xún měi qiě yì

自牧归荑，洵美且异。

From the shepherd's return, she gives me a white silk bundle; truly beautiful and unique.

fěi rǚ zhī wéi měi měi rén zhī yí

匪女之为美，美人之贻。

It's not just her beauty that is captivating, but also the gift from a beautiful person.

guó fēng qín fēng wú yī

国风·秦风·无衣

Airs of the States: Qin Melodies - Without Clothes

xiān qín yì míng

(先秦)佚名

Who says we have no clothes? We share the same garments.

qǐ yuē wú yī yǔ zǐ tóng páo

岂曰无衣？与子同袍。

Is there no clothes? The same robe as the son.

wáng yú xīng shī xiū wǒ gē máo

王于兴师，修我戈矛。

The king mobilizes the troops, and I sharpen my spear and shield.

yǔ zǐ tóng chóu

与子同仇！

Share a common enemy with you!

qǐ yuē wú yī yǔ zǐ tóng zé

岂曰无衣？与子同泽。

Is it not a garment? We share the same clothing.

wáng yú xīng shī xiū wǒ máo jǐ

王于兴师，修我矛戟。

The king mobilizes his troops, and I sharpen my spears and halberds.

yǔ zǐ xié zuò

与子偕作！

Together we work!

qǐ yuē wú yī yǔ zǐ tóng cháng

岂曰无衣？与子同裳。

Is it not a garment? We share the same lower garments.

wáng yú xīng shī xiū wǒ jiǎ bīng

王于兴师，修我甲兵。

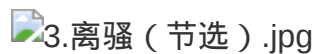
The king mobilizes his troops, and I polish my armor and weapons.

yǔ zǐ xié xíng

与子偕行！

2.国风·秦风·无衣

Together we march!



lí sāo jié xuǎn

离骚 (节选)

Li Sao (Excerpt)

xiān qín qū yuán

(先秦)屈原

(Pre-Qin) Qu Yuan

dì gāo yáng zhī miáo yì xī

帝高阳之苗裔兮，

Emperor Gao Yang's offspring,

zhèn huáng kǎo yuē bó yōng

朕皇考曰伯庸。

My noble father was called Bo Yong.

shè tí zhēn yú mèng zōu xī

摄提贞于孟陬兮，

He grasped the essence of Meng Zou,

wéi gēng yín wú yǐ jiàng

惟庚寅吾以降。

On the day of Geng Yin, I was born.

huáng lǎn kuí yú chū dù xī

皇览揆余初度兮，

The emperor assessed my early years,

zhào xī yú yǐ jiā míng

肇锡余以嘉名：

And bestowed upon me a fine name:

míng yú yuē zhèng zé xī

名余曰正则兮，

My name is Zheng Ze,

zì yú yuē líng jūn

字余曰灵均。

And my style is Ling Jun.

3.离骚 (节选)

fēn wú jì yǒu cǐ nèi měi xī

纷吾既有此内美兮，

With such inner beauty I was graced,

yòu chóng zhī yǐ xiū tài

又重之以修能。

And further enhanced by my refined skills.

hù jiāng lí yǔ pì zhǐ xī

扈江离与辟芷兮，

I adorned myself with Jiang Li and Bi Zhi,

rèn qiū lán yǐ wéi pèi

纫秋兰以为佩。

And wore autumn orchids as my pendant.

yù yú ruò jiāng bù jí xī

汨余若将不及兮，

In haste, as if I couldn't reach my goal,

kǒng nián suì zhī bù wú yǔ

恐年岁之不吾与。

I feared the passing years would not wait for me.

zhāo qiān pí zhī mù lán xī

朝搴阰之木兰兮，

In the morning, I picked the magnolia by the river,

xī lǎn zhōu zhī sù mǎng

夕揽洲之宿莽。

In the evening, I gathered the mugwort from the isle.

rì yuè hū qí bù yān xī

日月忽其不淹兮，

The sun and moon swiftly pass by,

chūn yǔ qiū qí dài xù

春与秋其代序。

Spring and autumn take turns in their sequence.

wéi cǎo mù zhī líng luò xī

惟草木之零落兮，

3. 离骚 (节选)

Only the withered grass and trees,

kǒng měi rén zhī chí mù

恐美人之迟暮。

Fear the twilight of the once beautiful.

bù fǔ zhuàng ér qì huì xī

不抚壮而弃秽兮，

Why not discard the filth while still strong and vigorous?

hé bù gǎi hū cǐ dù

何不改乎此度？

Why not change this mindset?

chéng qí jì yǐ chí chěng xī

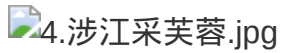
乘骐骥以驰骋兮，

Ride the mighty steed and gallop forth,

lái wú dào fú xiān lù

来吾道夫先路。

I shall lead the way on my path.



shè jiāng cǎi fú róng

涉江采芙蓉

Crossing the River, Picking Hibiscus

liǎng hàn yì míng

(两汉)佚名

(Two Han) Anonymous

shè jiāng cǎi fú róng

涉江采芙蓉，

Wading across the river to pick lotus flowers,

lán zé duō fāng cǎo

兰泽多芳草。

Fragrant grass abounds in the orchid marsh.

cǎi zhī yù wèi shuí

采之欲遗谁，

Whom should I give these to,

suǒ sī zài yuǎn dào

所思在远道。

My thoughts are with someone far away.

huán gù wàng jiù xiāng

还顾望旧乡，

Looking back towards my hometown,

cháng lù màn hào hào

长路漫浩浩。

The long road stretches vast and endless.

tóng xīn ér lí jū

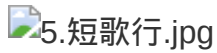
同心而离居，

Though our hearts are aligned, we live apart,

yōu shāng yǐ zhōng lǎo

忧伤以终老。

Sorrowful and aging, our separation endures.



duǎn gē xíng

短歌行

Short Song Line

liǎng hàn cáo cāo

(两汉)曹操

(Two Han Dynasties) Cao Cao

duì jiǔ dāng gē rén shēng jǐ hé

对酒当歌，人生几何！

When facing wine, let us sing a song, for life is fleeting and rare!

pì rú zhāo lù qù rì kǔ duō

譬如朝露，去日苦多。

Just like the morning dew, the days of departure are full of sorrow.

kǎi dāng yǐ kāng yōu sī nán wàng

慨当以慷，忧思难忘。

With a generous spirit, I lament, for my worries are hard to forget.

hé yǐ jiě yōu wéi yǒu dù kāng

何以解忧？唯有杜康。

What can dispel these troubles? Only the famous Du Kang wine.

qīng qīng zǐ jīn yōu yōu wǒ xīn

青青子衿，悠悠我心。

The green robes of young scholars, how deep and vast is my mind.

dàn wèi jūn gù chén yín zhì jīn

但为君故，沉吟至今。

Yet, for your sake, my lord, I ponder and chant to this day.

yōu yōu lù míng shí yě zhī píng

呦呦鹿鸣，食野之苹。

Listen to the deer cry "you-you," as they feed on the wild apples.

wǒ yǒu jiā bīn gǔ sè chuī shēng

我有嘉宾，鼓瑟吹笙。

I have distinguished guests, playing the zither and blowing the sheng flute.

míng míng rú yuè hé shí kě duō yōu cóng zhōng lái bù kě duàn jué

明明如月，何时可掇忧从中来，不可断绝。

Bright as the moon, when can I pluck my worries from it, for they cannot be severed.

yuè mò dù qiān wǎng yòng xiāng cún

越陌度阡，枉用相存。

Crossing the paths and ridges, in vain do we seek each other's company.

qì kuò tán yàn xī niàn jiù ēn

契阔谈讌，心念旧恩。

With broad discussions and feasts, my heart remembers past kindness.

yuè míng xīng xī wū què nán fēi

月明星稀，乌鹊南飞。

The moon is bright, the stars are sparse, as the magpies fly south.

rào shù sān zā hé zhī kě yī

绕树三匝，何枝可依？

Circling the tree three times, on which branch can they rely?

shān bù yàn gāo hǎi bù yàn shēn

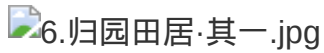
山不厌高，海不厌深。

Mountains never tire of their height, and seas never tire of their depth.

zhōu gōng tǔ bǔ tiān xià guī xīn

周公吐哺，天下归心。

Duke Zhou spits out his nourishment, as the world unites in loyalty.



guī yuán tián jū qí yī

归园田居·其一

Return to the Garden Farmstead, Part One

wèi jìn táo yuān míng

(魏晋)陶渊明

(Wei Jin) Tao Yuanming

shào wú shì sù yùn

少无适俗韵，

In my youth, I had no taste for worldly ways,

xìng běn ài qiū shān

性本爱丘山。

My nature always loved hills and mountains.

wù luò chén wǎng zhōng

误落尘网中，

I mistakenly fell into the worldly net,

yī qù sān shí nián

一去三十年。

And left for thirty years.

jī niǎo liàn jiù lín

羁鸟恋旧林，

A caged bird longs for its old forest,

chí yú sī gù yuān

池鱼思故渊。

A pond fish misses its former deep waters.

kāi huāng nán yě jì

开荒南野际，

I cleared wasteland at the edge of the southern fields,

shǒu zhuō guī yuán tián

守拙归园田。

Returning to my simple garden and farm.

fāng zhái shí yú mǔ

方宅十余亩，

My square home covers more than ten acres,

cǎo wū bā jiǔ jiān

草屋八九间。

With eight or nine thatched cottages.

yú liǔ yìn hòu yán

榆柳荫后檐，

Elm and willow trees shade the back eaves,

táo lǐ luó táng qián

桃李罗堂前。

And peach and plum trees stand before the hall.

ài ài yuǎn rén cūn

暧暧远人村，

Warm and distant is the village of people,

yī yī xū lǐ yān

依依墟里烟。

Smoke gently rises from the ruins inside.

gǒu fèi shēn xiàng zhōng

狗吠深巷中，

Barking dogs in the deep alleyways,

jī míng sāng shù diān

鸡鸣桑树颠。

Rooster crowing atop the mulberry trees.

hù tíng wú chén zá

户庭无尘杂，

My household courtyard is free of dust and clutter,

xū shì yǒu yú xián

虚室有余闲。

An empty room has plenty of leisure.

jiǔ zài fán lóng lǐ

久在樊笼里，

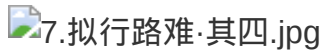
6.归园田居·其一

Long confined in a cage,

fù dé fǎn zì rán

复得返自然。

Once again returning to nature.



nǐ xíng lù nán qí sì

拟行路难·其四

Imitating the Difficulties of Travel · Part Four

nán běi cháo bào zhào

(南北朝) 鲍照

(South and North Dynasties) Bao Zhao

xiè shuǐ zhì píng dì

泻水置平地，

Pouring water on the flat ground,

gè zì dōng xī nán běi liú

各自东西南北流。

Each flows east, west, south, and north.

rén shēng yì yǒu mìng

人生亦有命，

Life also has its destiny,

ān néng xíng tàn fù zuò chóu

安能行叹复坐愁？

How can one keep sighing while walking and sitting in sorrow?

zhuó jiǔ yǐ zì kuān

酌酒以自宽，

Pour myself a cup of wine to relax,

jǔ bēi duàn jué gē lù nán

举杯断绝歌路难。

Lifting the cup, I find it hard to sing along the path.

xīn fēi mù shí qǐ wú gǎn


心非木石岂无感？

My heart is not made of wood or stone, how could I be without feelings?

tūn shēng zhí zhú bù gǎn yán

吞声踯躅不敢言。

Suppressing my voice, I hesitate and dare not speak.

8.春江花月夜.jpg

chūn jiāng huā yuè yè

春江花月夜

Spring River Flower Moon Night

táng zhāng ruò xū

(唐)张若虚

(Tang) Zhang Ruoxu

chūn jiāng cháo shuǐ lián hǎi píng

春江潮水连海平，

Spring river tides connect with the sea, level,

hǎi shàng míng yuè gòng cháo shēng

海上明月共潮生。

The bright moon on the sea rises with the tide.

yàn yàn suí bō qiān wàn lǐ

滟滟随波千万里，

Glittering, glittering, it follows the waves for thousands of miles,

hé chù chūn jiāng wú yuè míng

何处春江无月明！

Where is there a spring river without bright moonlight!

jiāng liú wǎn zhuǎn rào fāng diàn

江流宛转绕芳甸，

The river flows gently around the fragrant meadows,

yuè zhào huā lín jiē sì xiàn

月照花林皆似霰。

Moonlight shines upon the flower forest, all resembling frost.

kōng lǐ liú shuāng bù jué fēi

空里流霜不觉飞，

In the air, frost-like particles fly unnoticed,

tīng shàng bái shā kàn bù jiàn

汀上白沙看不见。

On the sandbars, white sand is invisible.

jiāng tiān yī sè wú xiān chén

江天一色无纤尘，

The river sky is of one color, without a trace of dust,

jiǎo jiǎo kōng zhōng gū yuè lún

皎皎空中孤月轮。

In the bright sky, the lonely moon wheel.

jiāng pàn hé rén chū jiàn yuè

江畔何人初见月？

Who by the river first saw the moon?

jiāng yuè hé nián chū zhào rén

江月何年初照人？

When did the river moon first shine on people?

rén shēng dài dài wú qióng yǐ

人生代代无穷已，

Generations of people are endless,

jiāng yuè nián nián zhǐ xiāng sì

江月年年只相似。

Yet the river moon remains similar year after year.

bù zhī jiāng yuè dài hé rén

不知江月待何人，

I don't know for whom the river moon waits,

dàn jiàn cháng jiāng sòng liú shuǐ

但见长江送流水。

But I see the Yangtze River sending flowing water.

bái yún yī piàn qù yōu yōu

白云一片去悠悠，

A single white cloud drifts away leisurely,

qīng fēng pǔ shàng bù shèng chóu

青枫浦上不胜愁。

On the green maple shore, sorrow is overwhelming.

shuí jiā jīn yè piān zhōu zǐ

谁家今夜扁舟子？